

# Communion Preparation Journal

# All about my journey this year!

My name is .....

I am ..... years old.

I go to ..... school.

My teacher is .....

The church of my Baptism is .....

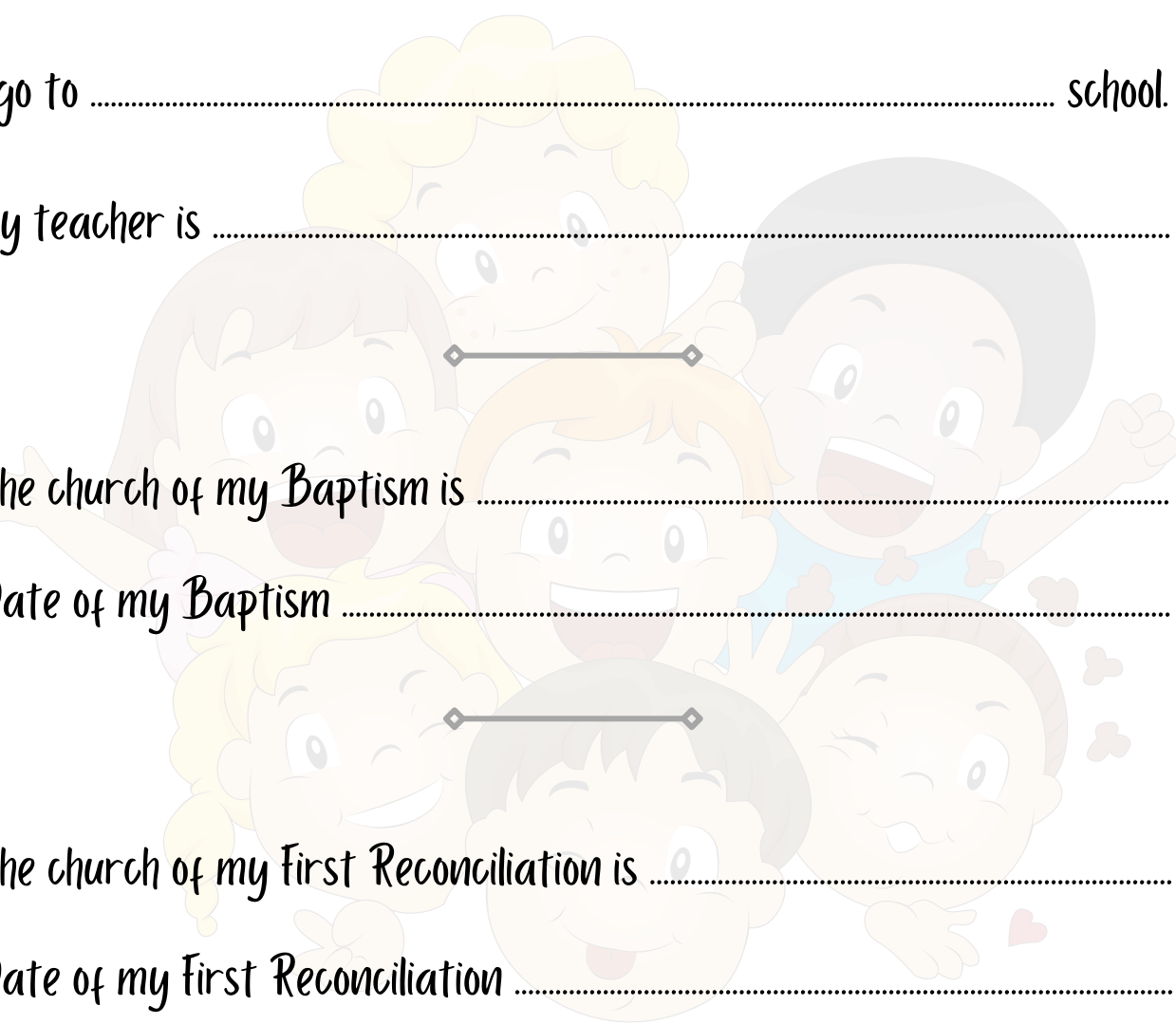
Date of my Baptism .....

The church of my First Reconciliation is .....

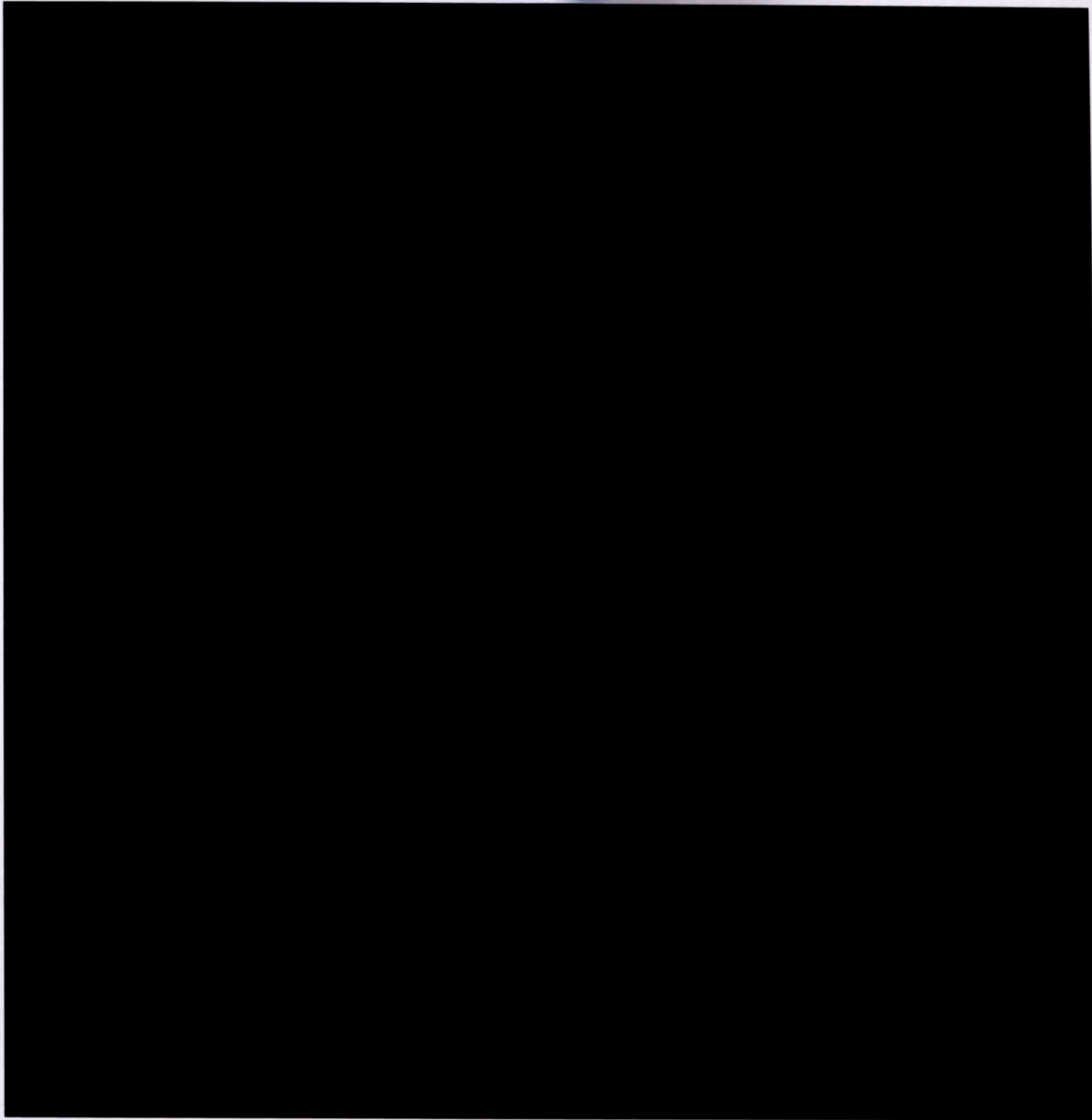
Date of my First Reconciliation .....

The church of my First Communion is .....

Date of my First Communion .....

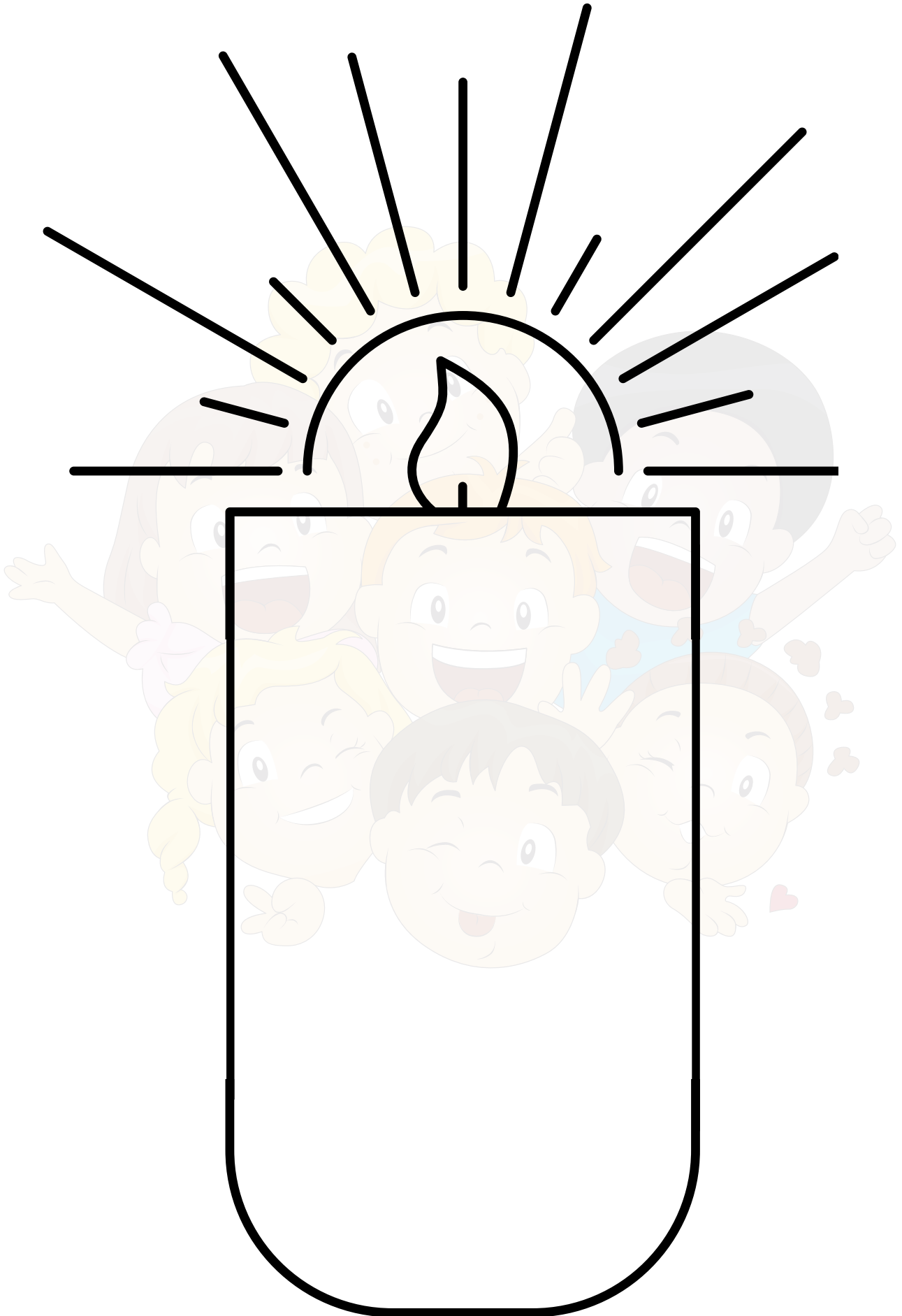


My Faith Journey So Far...!

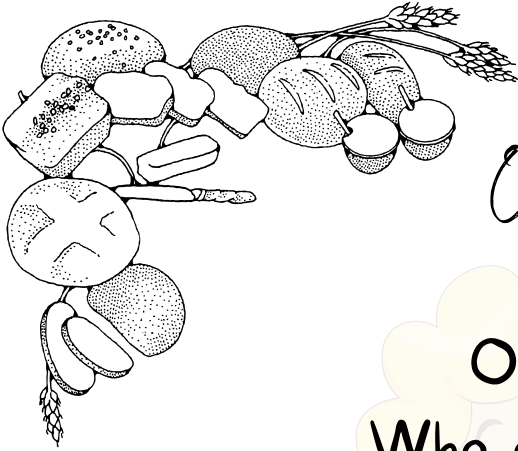


Add a Photo from your  
Baptism Day

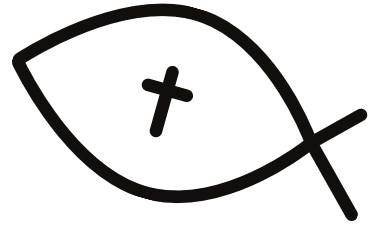
# Blessing of Candles



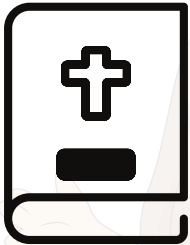
# Presentation of the Our Father



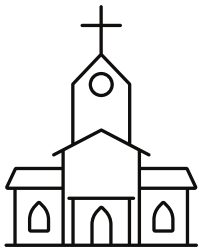
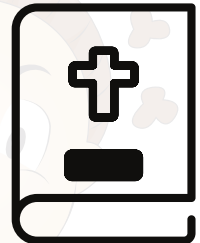
*Our Father*



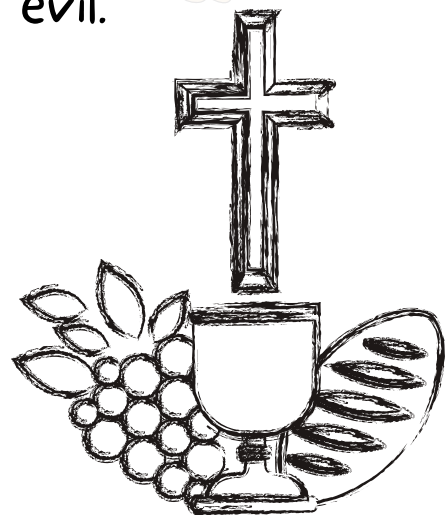
Our Father,  
Who art in Heaven,  
hallowed be Thy name;  
Thy Kingdom come,  
Thy will be done  
on earth as it is in Heaven.



Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.



Amen.





# Reconciliation



## Section 1: Zacchaeus

**Who was Zacchaeus?**

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**Where was Zacchaeus from?**

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**Why did people not like Zacchaeus?**

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**What did Zacchaeus climb to see Jesus?**

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**What did Jesus say to Zacchaeus?**

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**What happened when Jesus went to Zacchaeus' house?**

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**How did the people react?**

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# EVERY DAY WE MAKE CHOICES...

**A GOOD CHOICE I COULD MAKE...**

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**A BAD CHOICE I COULD MAKE...**

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**SOMETHING THAT IS A MISTAKE**

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# Zacchaeus

B O X Z V I Z Z R L F H L C F N Z  
T G G J W V X Q F P S O T O L C K  
H V L S F X P W O P O M G W H O O  
U M O Z J S I N K T I M E S Q Q C  
K H V G K L J K P A D U G P J L V  
X Y E O K R E R Q B F N R N X F W  
Z W F B U Y S Z H T S C P C W U B  
M H A J T L U P T A G P W O S B X  
A R K I N D S Y J X X N B L Y P P  
R H W V L B J Z E F P O M L C N Q  
Y E P G S P R N R O O Z H E A F T  
I E N I D U C L I U I G M C M P R  
V M O N E Y F N C R H C V T O N E  
L W D R E P A Y H I C I J O R K E  
Y C H C K H U U O E H X M R E Z R  
K D D Z A C C H A E U S I N P K Y  
V X Z U D C O X D B U W H D G X Z

collector

four

Jericho

Jesus

kind

love

money

repay

sycamore

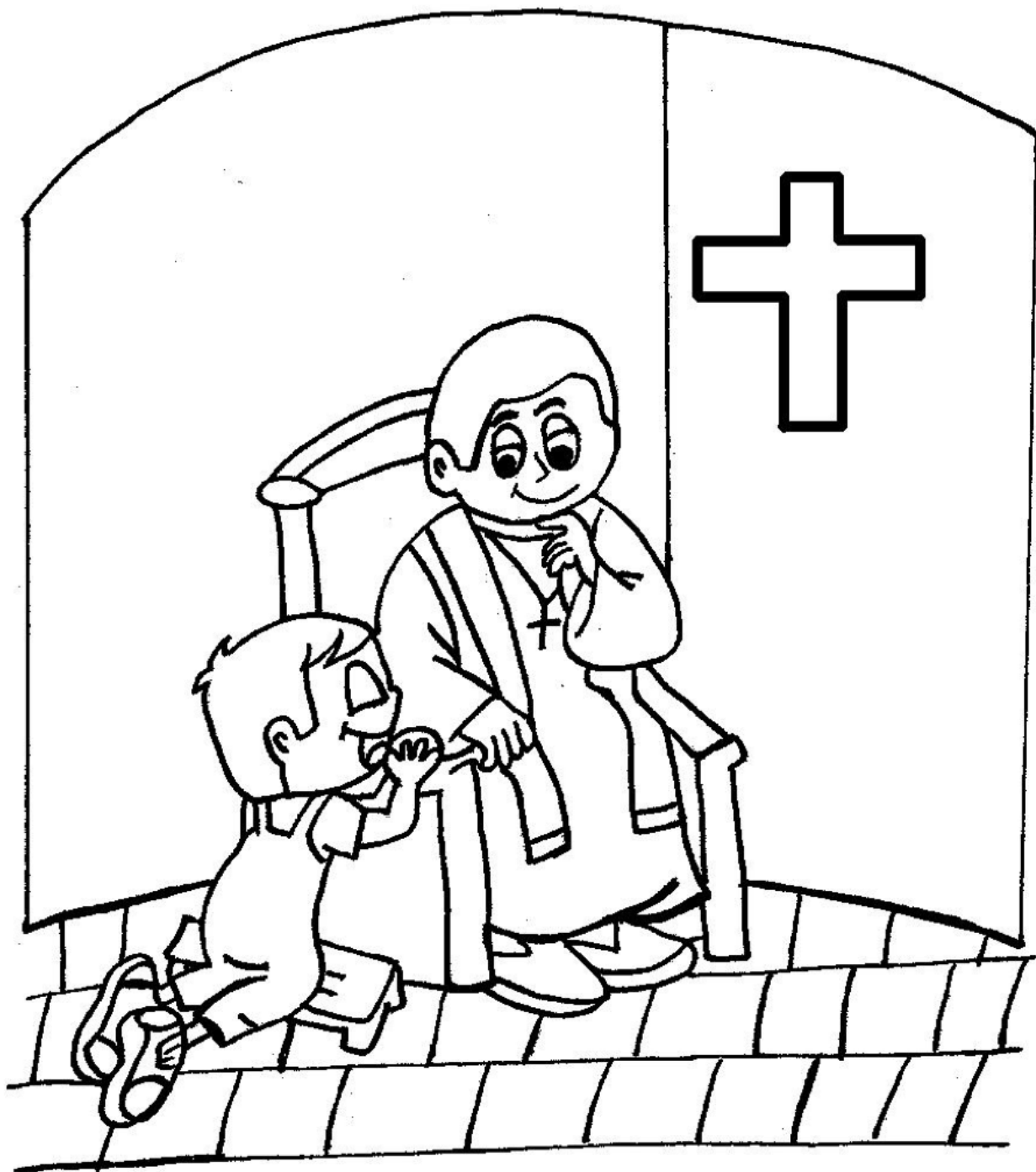
tax

times

tree

Zacchaeus

COLOURING IN THIS PICTURE OF  
SOMEONE AT CONFESSION



# Prayers for Reconciliation

## Act of Sorrow

O my God, I thank you for loving me. I am sorry for all my sins, for not loving others and not loving you. Help me to live like Jesus and not sin again .  
Amen

## The Confiteor

I confess to almighty God and to you,  
my brothers and sisters,  
that I have greatly sinned  
in my thoughts and  
in my words,  
in what I have done  
and in what I have failed to do,  
through my fault,  
through my fault,  
through my most  
grievous fault;  
therefore I ask,  
blessed Mary, ever-Virgin,  
all the Angels and Saints,  
and you,  
my brothers and sisters,  
to pray for me to the Lord our  
God.

## Prayer for Forgiveness

God our Father,  
help me to remember the  
times when I didn't live as  
Jesus asked me to. Help me  
to be sorry and to try again.  
Amen

## Prayer after Forgiveness

God our Father, thank you  
for forgiving me.  
Help me to love others.  
Help me to live as Jesus  
asked me to.  
Amen



## DIALOGUE FOR FIRST RECONCILIATION – STEP BY STEP

**Parent:** Father, this is my daughter/son N.

**Priest:** N. you're very welcome. (parents/guardian steps back)

**Priest:** In the name of the Father and of the Son and of the Holy Spirit. Amen.

**Child: Bless me Father for I have sinned, this is my First Confession.**

**Priest:** What ways have you not shown God's love?

**Child: I didn't show love when....**

**Priest:** Thank you (and he will say a few words of encouragement to your child) and now will you pray your Act of Sorrow?

**Child: O, My God. Thank you for loving me. I am sorry for all my sins. For not loving others and not loving you. Help me to live like Jesus and not sin again. Amen.**

**Priest:** N. God the Father forgives you and I absolve you of all your sins, in the name of the Father and of the Son and of the Holy Spirit.

**Priest:** Congratulations, you have made your First Confession.

# A TIME WHEN I DID NOT SHOW LOVE...

In the box below, draw a picture of a time when you did not show love to help you when you chat to Fr Michael at Reconciliation time. You can also use the lines below to write the story/key words, if that helps you instead.



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# Holy Communion



## **Video 1: The Washing of the Feet**

**What did Jesus do?**

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**Why did Peter refuse?**

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**What did Jesus say to Peter?**

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**Why do you think the Apostles were shocked?**

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**What does it mean for Jesus to wash someone's feet?**

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**Video 2: The Last Supper**

**What is the festival called that they were going to celebrate?**

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**What is the name of the town they were going to celebrate in?**

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**Who was the one that would betray Jesus?**

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**What did Jesus promise he would send them?**

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# Jesus at the Last Supper

Unscramble the words of the actions of Jesus at the Last Supper and put them in order

ssseebl

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steak

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arsesh

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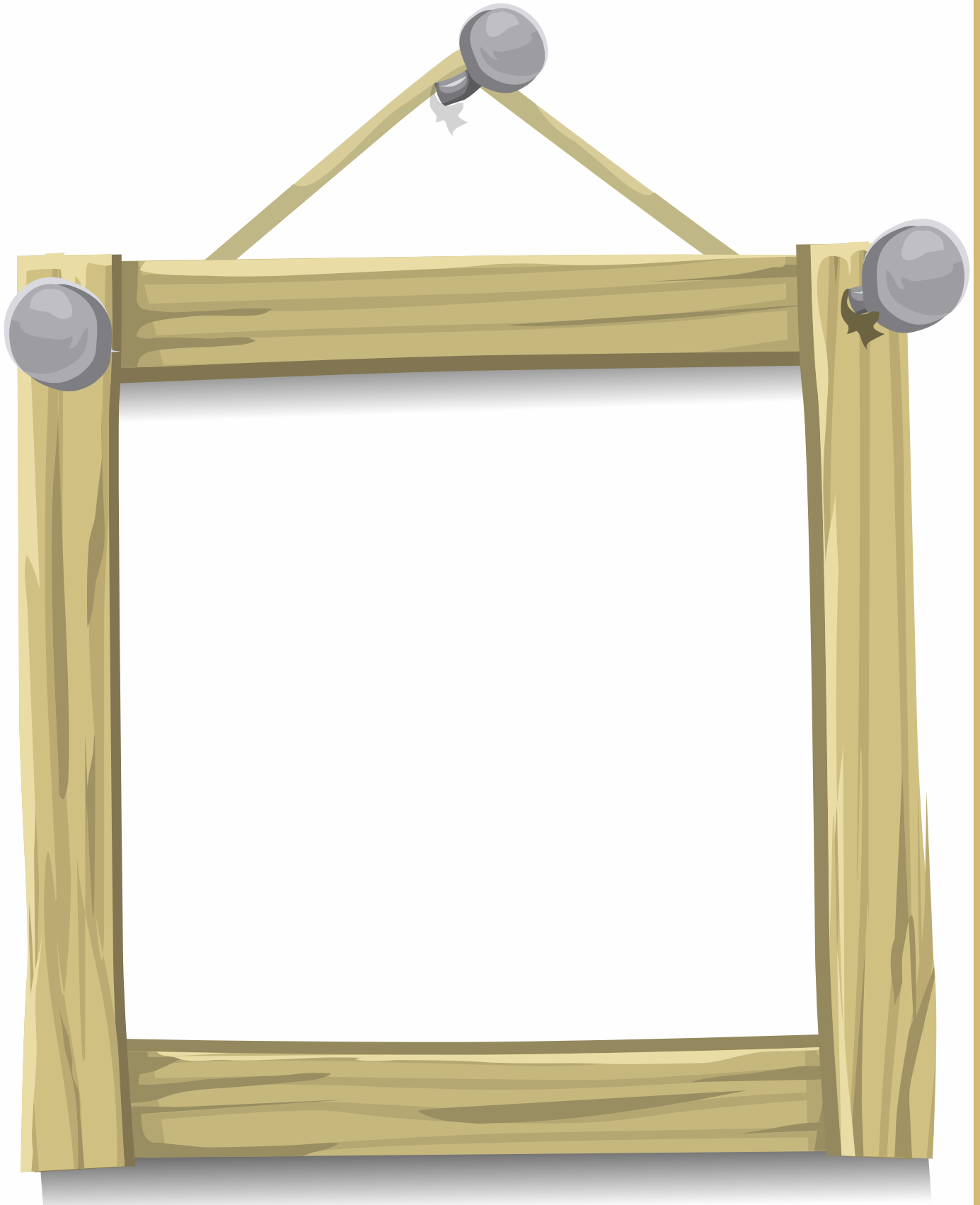
reaksb

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1. Jesus... \_\_\_\_\_ the Bread
2. Jesus... \_\_\_\_\_ the Bread
3. Jesus... \_\_\_\_\_ the Bread
4. Jesus... \_\_\_\_\_ the Bread



**DRAW A PICTURE OF A SPECIAL  
MEAL YOU HAVE HAD WITH  
YOUR FAMILY**



# Prayers for Communion

## **Our Father**

Our Father, Who art in Heaven,  
hallowed be Thy name;  
Thy Kingdom come,  
Thy will be done  
on earth as it is in Heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.

## **Prayer Before Communion**

Lord Jesus, come to me.  
Lord, Jesus, give me your love.  
Lord Jesus, come to me  
and give me yourself.

Lord Jesus,  
friend of children, come to me.  
Lord Jesus,  
you are my Lord and my God.  
Praise to you, Lord Jesus Christ.  
Amen.



## **Hail Mary**

Hail Mary full of Grace,  
the Lord is with thee.  
Blessed are thou among women  
and blessed is the fruit  
of thy womb Jesus.  
Holy Mary Mother of God,  
pray for us sinners now  
and at the hour of our death Amen.

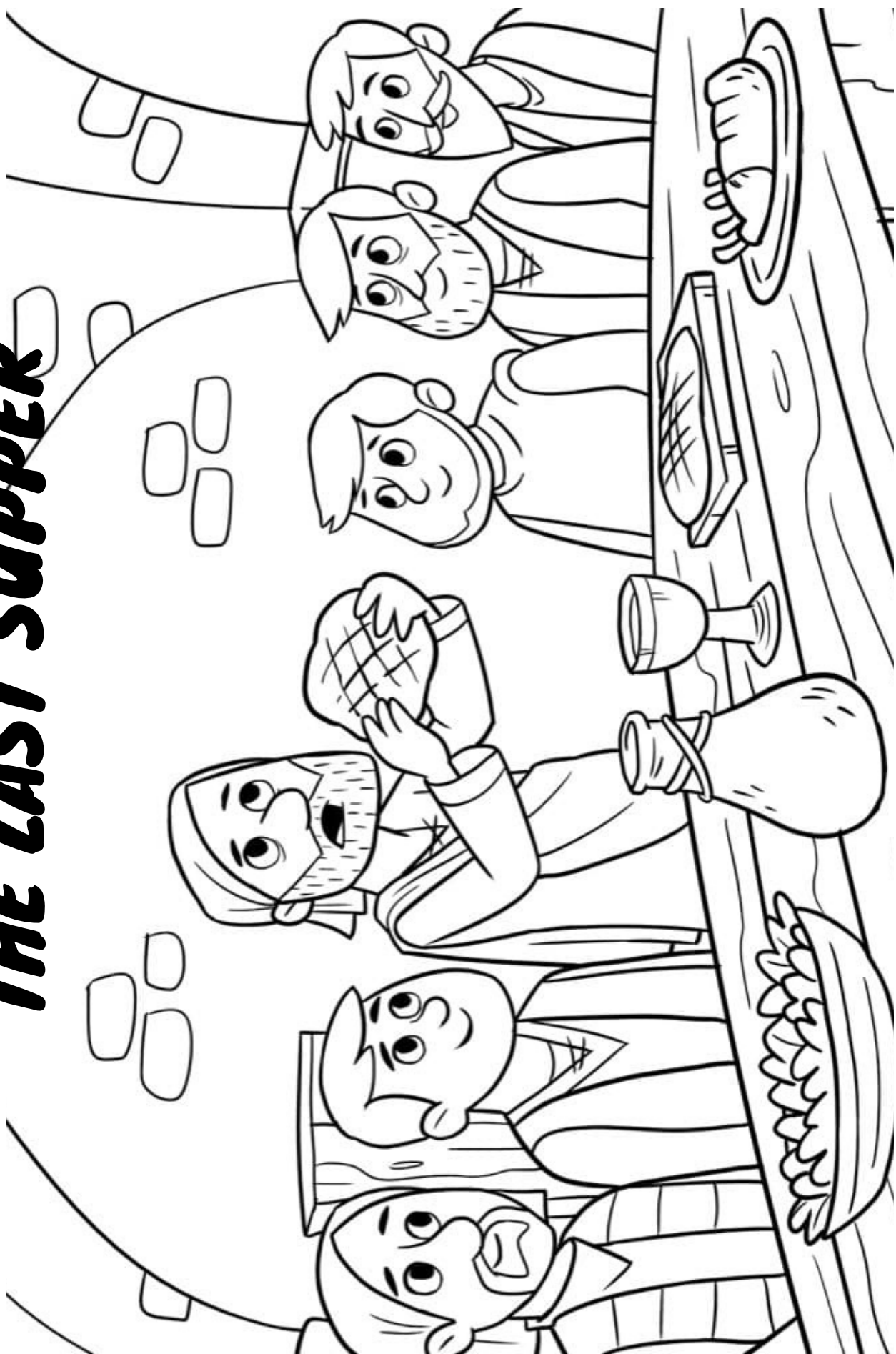
## **Prayer After Communion**

Lord Jesus, I love and adore you.  
You're a special friend to me.  
Welcome, Lord Jesus, O welcome.  
Thank you for coming to me.  
Thank you, Lord Jesus, O thank you  
for giving yourself to me.  
Make me strong to show your love  
wherever I may be.

Be near me, Lord Jesus,  
I ask you to stay  
close by me forever  
and love me, I pray.  
Bless all of us children  
in your loving care  
and bring us to heaven  
to live with you there.

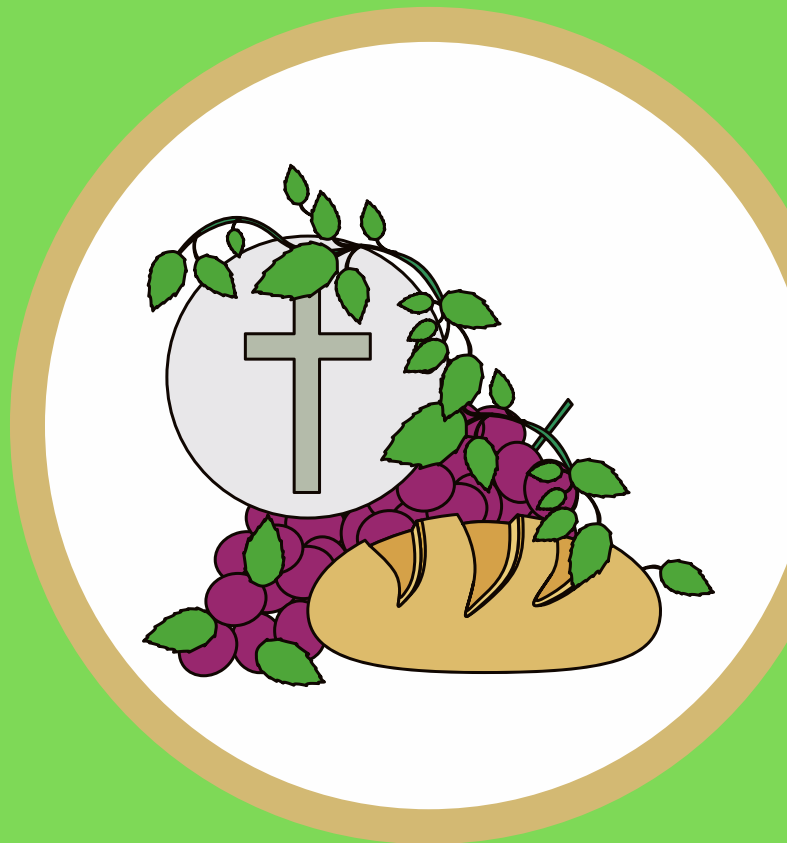
I'm ready now, Lord Jesus,  
To show how much I care.  
I'm ready now to give your love  
At home and everywhere.  
Amen.

# THE LAST SUPPER





# Preparing at Home



## INTRODUCTORY RITES

**Priest:** In the name of the Father, and of the Son, and of the Holy Spirit.

**All:** Amen.

## GREETINGS

**Priest:** The Lord be with you.

**All:** And with your spirit.

## PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

## KYRIE

**Priest:** Lord, have mercy.

**All:** Lord, have mercy.

**Priest:** Christ, have mercy.

**All:** Christ, have mercy.

**Priest:** Lord, have mercy.

**All:** Lord, have mercy.

## GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

# Our Responses at Mass

## LITURGY OF THE WORD

### RESPONSE AFTER THE READINGS

**Reader:** The Word of the Lord.

**All:** Thanks be to God.

### DIALOGUE BEFORE THE GOSPEL

**Priest:** The Lord be with you.

**All:** And with your spirit.

**Priest:** A reading from the Holy Gospel according to Matthew/Mark/Luke/John.

**All:** Glory to you, O Lord.

### DIALOGUE AFTER THE GOSPEL

**Priest:** The Gospel of the Lord

**All:** Praise to you Lord Jesus Christ

## APOSTLE'S CREED

I believe in God,  
the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
He descended into hell;  
on the third day He rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand of God the  
Father Almighty;  
from there He will come to judge the living  
and the dead.

I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.

## LITURGY OF THE EUCHARIST

**Priest:** Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God the almighty Father.

**All:** **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

### PREFACE DIALOGUE

**Priest:** The Lord be with you.

**All:** **And with your spirit.**

**Priest:** Lift up your hearts.

**All:** **We lift them up to the Lord.**

**Priest:** Let us give thanks to the Lord our God.

**All:** **It is right and just.**

### SANCTUS

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

### MYSTERY OF FAITH

**Priest:** Let us proclaim the mystery of faith

**All:** **Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.**

### COMMUNION RITE

**Priest:** At the Saviour's command and formed by divine teaching, we dare to say:

**All:** **Our Father, who art in heaven...**

**Priest:** Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

**All:** **For the kingdom, the power and the glory are yours now and for ever.**

## SIGN OF PEACE

**Priest:** The peace of the Lord be with you.

**All:** **And with your spirit.**

## AGNUS DEI

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

## INVITATION TO HOLY COMMUNION

**Priest:** Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**All:** **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

## WHEN RECEIVING COMMUNION

**Priest:** The Body of Christ

**All:** **Amen.**

## CONCLUDING RITES

**Priest:** The Lord be with you.

**All:** **And with your spirit.**

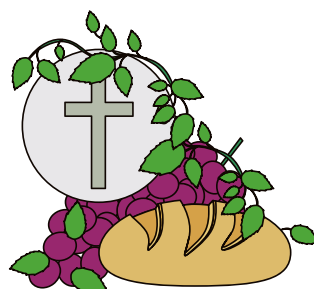
**Priest:** May almighty God bless you, the Father, and the Son, and the Holy Spirit.

**All:** **Amen.**

## DISMISSAL

**Priest:** Go in peace, glorifying the Lord by your life.

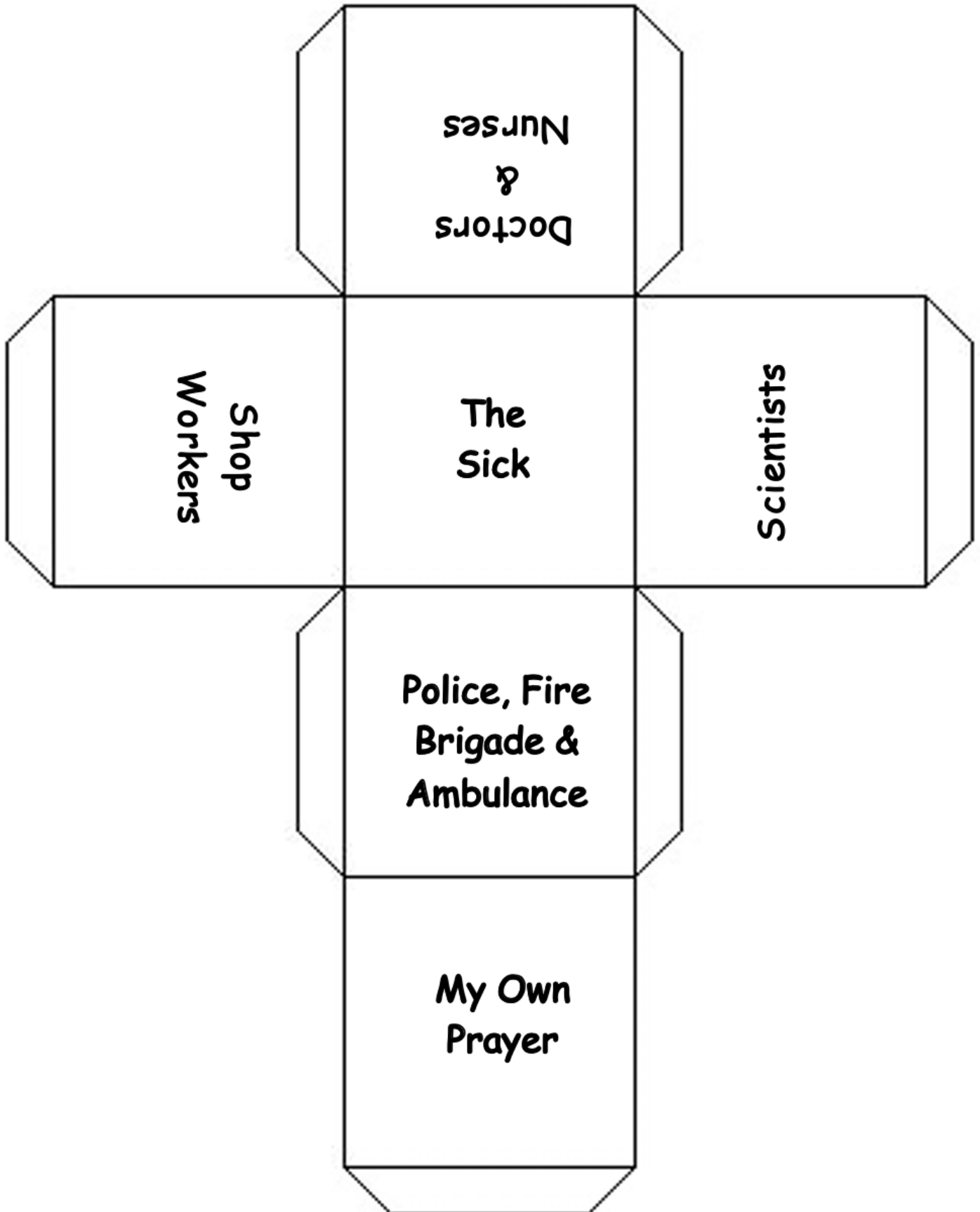
**All:** **Thanks be to God**



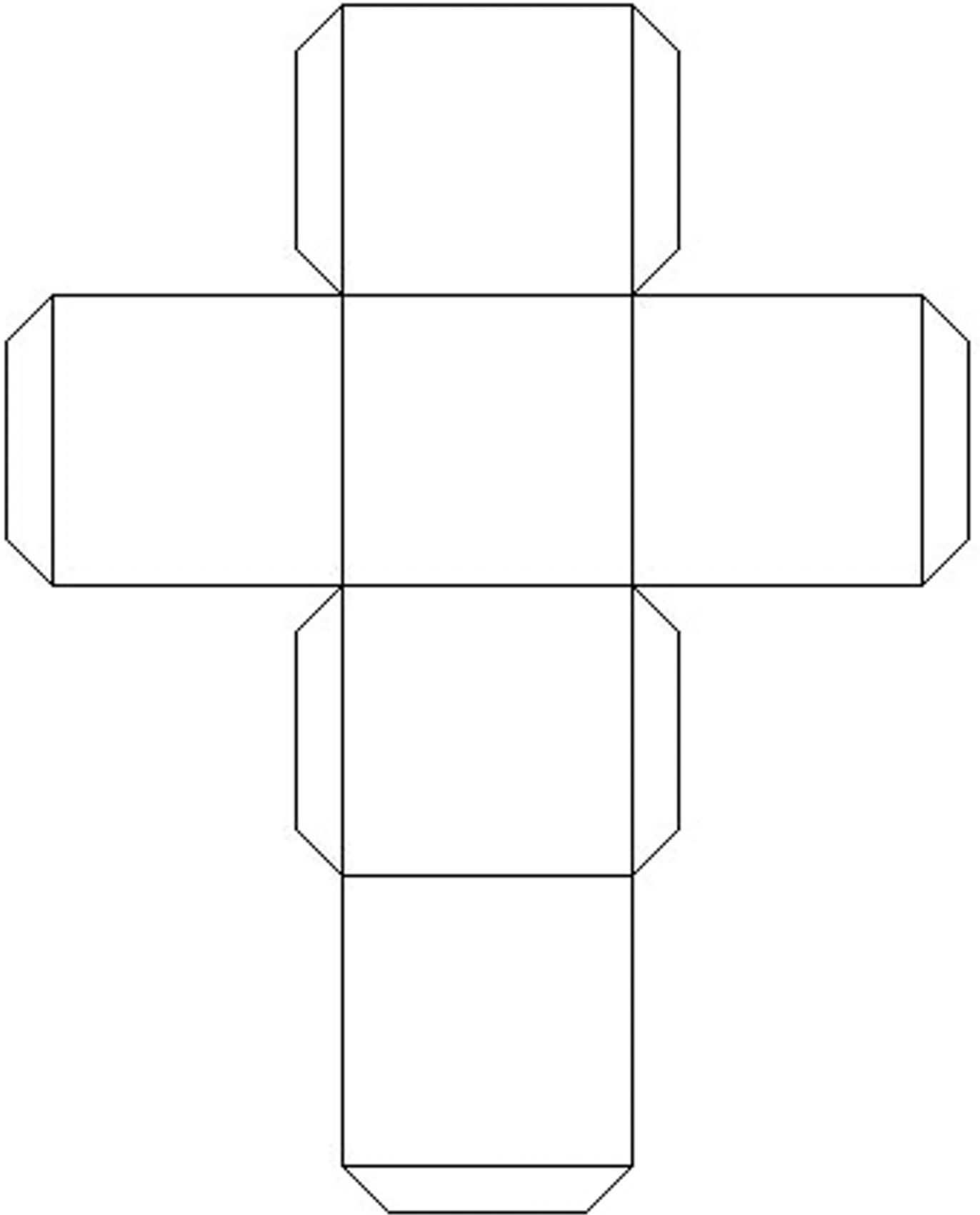


# Prayer cube

CUT OUT, COLOUR IN AND FOLD THE PRAYER CUBE. USE IT AT MEALTIMES OR BEFORE BED TO SAY A PRAYER FOR SOMEONE ON THE CUBE.



# Prayer cube



**USE THE TEMPLATE TO FILL IN WHO YOU WOULD LIKE TO PRAY FOR. CUT OUT, COLOUR IN AND FOLD THE PRAYER CUBE. USE IT AT MEALTIMES OR BEFORE BED TO SAY A PRAYER FOR SOMEONE ON THE CUBE.**

# Helpful Videos

Practice your Mass Responses by clicking the video below...

[Mass Responses](#)

Practice making the Sign of the Cross by clicking the video below...

[Blessing Yourself](#)

First Reconciliation with Brother Francis

[Brother Francis](#)

The Our Father with Brother Francis

[Our Father](#)

Learn about the Mass with Brother Francis

[Mass with Brother Francis](#)

## Songs from Grow In Love

[Gathering Song](#)

[Circle of Friends](#)

[This is the Day](#)

[Zacchaeus](#)

[The Lord is My Shepherd](#)



Archdiocese of Dublin

THE OFFICE FOR MISSION AND MINISTRY

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